

Date 12/9/2019

## **Local Collaboration has potential to save lives.**

As part of National Stroke week, the Stroke Foundation combined with members of the Rotary Club of Karrinyup and the Osborn Park Hospital's Stroke Unit and Support group to provide both information and free blood pressure checks to members of the public at the Stirling Farmers Market on the weekend.

The Stroke Foundations FAST campaign teaches Australians the most common signs of stroke – Face weakness, Arm weakness, and Speech difficulties and prompts them it's Time to act F.A.S.T.

The Rotary Club's FAST ambassador Carolyn Prunster's presentation during a previous Stroke Week enabled Karrinyup resident, Mike Murphy, to save the life of a co-worker who suffered a stroke during a work trip in the Pilbara shortly after.

"Thanks to Carolyn's presentation the week before, I quickly identified that my colleague was exhibiting the symptoms of a stroke and was able to get him to medical treatment quickly, enabling a full recovery" said Mike to the Club following the drama.

During the weekend's promotion at the Stirling Farmers Market the team were able to carry out fifty seven blood pressure checks. Of these two were high risk, 18 were at moderate risk and 37 were at low risk. All were provided with information that should help them identify their own risk profile and if someone they know is exhibiting the symptoms of a stroke. Support of the Stroke Foundation is just one of the community services supported by the Stirling Farmers Market Managers, the Rotary Club of Karrinyup.

For further information regarding the Rotary Club of Karrinyup – see our website [www.karrinyuprotary.com.au](http://www.karrinyuprotary.com.au)

For the Stroke Support Group at Osborne Park Hospital: Contact is Ted Speering 0499 950 682 email [tedsp@bigpond.net.au](mailto:tedsp@bigpond.net.au)

Picture Attached

Rotary Club of Karrinyup's Mike Murphy (centre) pictured with Osborne Park Hospital's Head Stroke Nurse Elena Adams and Head of Stroke Rehabilitation, Dr Kien Chan.